

# WORTHING CHRIST CHURCH

Grafton Road

2<sup>nd</sup> June 2024

*The First Sunday after Trinity*



## ORDER OF SERVICE

**10.30am Holy Communion**

**led by The Revd Yvonne Murphy**

**Epistle: 2 Corinthians 4: 5 - 12 read by John B**

**Gospel: Mark 2: 23 – 3.6 read by John H**

**Intercessions led by Steven L**

***Evensong this evening at 6pm  
will be led by The Revd Roger Walker***

***There is prayer in the organ vestry every Sunday at  
10am for 15 minutes before the service, which you are  
welcome to join at any time***

**The Organ Voluntary after our Service today is:**

Pange Lingua sobre o canto chao do tenor de breves  
from Flores de Musica 1620

by Manuel Rodrigues Coelho, ca. 1555-1635, Evas and Lisbon

**Church Warden:**

*Kenneth Hobbs*

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*Registered Charity no: 1152846*

*Parochial Church Council of Worthing Christ Church*

*Website: [www.christchurchworthing.org.uk](http://www.christchurchworthing.org.uk)*

# A Service of Holy Communion

## The Greeting *[Stand]*

The Lord be with you  
*All* and also with you.

## OPENING HYMN [368] *[Please stand to sing]*

*Choir, please note vs 4 is omitted from the hymn book*

All my hope on God is founded;  
he doth still my trust renew.  
Me through change and chance he guideth,  
only good and only true.  
God unknown, he alone calls my heart to be his own.

Pride of man and earthly glory,  
sword and crown betray his trust;  
what with care and toil he buildeth,  
tower and temple, fall to dust.  
But God's power, hour by hour, is my temple and my tower.

God's great wisdom aye endureth,  
deep his wisdom, passing thought:  
splendour, light and life attend him,  
beauty springeth out of naught.  
Evermore from his store new-born worlds rise and adore.

Still from man to God eternal  
sacrifice of praise be done,  
high above all praises praising  
for the gift of Christ his Son.  
Christ doth call one and all:  
ye who follow shall not fall.

*Public Domain*

## **Prayer of Preparation**

**All** Almighty God, to whom all hearts are open,  
all desires known, and from whom  
no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.

## **Prayers of Penitence [Sit or kneel]**

### **Summary of the Law**

Our Lord Jesus Christ said:

Hear, O Israel, the Lord our God is one Lord;  
and you shall love the Lord your God  
with all your heart, and with all your mind,  
and with all your soul, and with all your strength.

This is the first and greatest commandment.

And the second is like, namely this:

You shall love your neighbour as yourself.

There is no other commandment greater than these. On  
these two commandments hang all the law and the prophets.

**All** Amen. Lord, have mercy.

### **Invitation to confession**

God so loved the world that he gave his only Son Jesus  
Christ to save us from our sins, to be our advocate in  
heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

**All** Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us, forgive us all that is past  
and grant that we may serve you in newness of  
life to the glory of your name. Amen.

Almighty God, who forgives all who truly repent,  
have mercy upon you, pardon and deliver you from all your  
sins, confirm and strengthen you in all goodness, and keep  
you in life eternal; through Jesus Christ our Lord. **All Amen.**

**Gloria in Excelsis** [Stand]

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

## The Collect

O God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **All Amen.**



## The Liturgy of the Word

**Epistle [Sit] 2 Corinthians 4: 5 - 12**

For we do not preach ourselves, but Jesus Christ as Lord, and ourselves as your servants for Jesus' sake. For God, who said, 'Let light shine out of darkness,' made his light shine in our hearts to give us the light of the knowledge of the glory of God in the face of Christ.

But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us. We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed. We always carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body. For we who are alive are always being given over to death for Jesus' sake, so that his life may also be revealed in our mortal body. So then, death is at work in us, but life is at work in you.

Here ends the Epistle. **All Thanks be to God.**

## **Worship Song** *Please stand to sing*

In Christ alone my hope is found,  
he is my light, my strength, my song;  
this cornerstone, this solid ground,  
firm through the fiercest drought and storm.  
What heights of love, what depths of peace,  
when fears are stilled, when strivings cease!  
My comforter, my all in all,  
here in the love of Christ I stand.

In Christ alone! - who took on flesh,  
fullness of God in helpless babe!  
This gift of love and righteousness,  
scorned by the ones he came to save:  
till on the cross as Jesus died,  
the wrath of God was satisfied  
for ev'ry sin on him was laid:  
here in the death of Christ I live.

There in the ground his body lay,  
Light of the world by darkness slain:  
then bursting forth in glorious day  
up from the grave he rose again!  
And as he stands in victory  
sin's curse has lost its grip on me,  
for I am his and he is mine –  
bought with the precious blood of Christ.

No guilt in life, no fear in death,  
this is the pow'r of Christ in me;  
from life's first cry to final breath,  
Jesus commands my destiny.  
No pow'r of hell, no scheme of man,  
can ever pluck me from his hand;  
till he returns or calls me home,  
here in the pow'r of Christ I'll stand.

*CCLI 2765 Stuart Townend & Keith Getty © 2001 Thankyou Music*



## **Gospel Reading    [Remain standing]**

Hear the Gospel of our Lord Jesus Christ  
according to Mark *[Mark 2: 23 – 3.6]*

*All sing* **Glory to you, O Lord.**

One Sabbath Jesus was going through the cornfields, and as his disciples walked along, they began to pick some ears of corn. The Pharisees said to him, ‘Look, why are they doing what is unlawful on the Sabbath?’

He answered, ‘Have you never read what David did when he and his companions were hungry and in need? In the days of Abiathar the high priest, he entered the house of God and ate the consecrated bread, which is lawful only for priests to eat. And he also gave some to his companions.’

Then he said to them, ‘The Sabbath was made for man, not man for the Sabbath. So the Son of Man is Lord even of the Sabbath.’

Another time he went into the synagogue, and a man with a shrivelled hand was there. Some of them were looking for a reason to accuse Jesus, so they watched him closely to see if he would heal him on the Sabbath. Jesus said to the man with the shrivelled hand, ‘Stand up in front of everyone.’

Then Jesus asked them, ‘Which is lawful on the Sabbath: to do good or to do evil, to save life or to kill?’ But they remained silent.

He looked around at them in anger and, deeply distressed at their stubborn hearts, said to the man, ‘Stretch out your hand.’ He stretched it out, and his hand was completely restored. Then the Pharisees went out and began to plot with the Herodians how they might kill Jesus.

This is the Gospel of the Lord.

*All sing* **Praise to you, O Christ.**

## **Sermon [Sit]**

***A short period of silence is kept.***

Let us declare our faith in God, Father, Son and Holy Spirit.

## **The Creed [Stand]**

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one being with the Father;  
through him all things were made.**

**For us and for our salvation  
he came down from heaven,  
was incarnate from the Holy Spirit  
and the Virgin Mary and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.**



**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism  
for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **Prayers of Intercession [Sit]**

*And at the end, after a short period of silence*

Merciful Father,

**All accept these prayers for the sake of  
your Son, our Saviour Jesus Christ. Amen.**



## **The Liturgy of the Sacrament [Please stand]**

### **The Peace**

The peace of the Lord be always with you

**All and also with you.**

*We greet each other*

## **OFFERTORY HYMN [324] *[Please stand to sing]***

Sweet Sacrament divine,  
hid in thine earthly home,  
lo, round thy lowly shrine,  
with suppliant hearts we come;  
Jesus, to thee our voice we raise  
in songs of love and heartfelt praise:  
sweet Sacrament divine.

Sweet Sacrament of peace,  
dear home for every heart,  
where restless yearnings cease,  
and sorrows all depart;  
there in thine ear all trustfully  
we tell our tale of misery:  
sweet Sacrament of peace.

Sweet Sacrament of rest,  
ark from the ocean's roar,  
within thy shelter blest  
soon may we reach the shore;  
save us, for still the tempest raves,  
save, lest we sink beneath the waves:  
sweet Sacrament of rest.

Sweet Sacrament divine,  
earth's light and jubilee,  
in thy far depths doth shine  
thy Godhead's majesty;  
sweet light, so shine on us, we pray,  
that earthly joys may fade away:  
sweet Sacrament divine.

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# The Liturgy of the Sacrament [*Please stand*]

## Preparation of the Table



## Taking of the Bread and Wine

Yours, Lord, is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours.

**All** All things come from you,  
and of your own do we give you.

## The Eucharistic Prayer

***Please remain standing***

The Lord is here.

**All** His Spirit is with us.

Lift up your hearts.

**All** We lift them to the Lord.

Let us give thanks to the Lord our God.

**All** It is right to give thanks and praise.

It is indeed right, it is our duty and our joy, at all times and in all places to give you thanks and praise, holy Father, heavenly King, almighty and eternal God, through Jesus Christ your Son our Lord.

Therefore, with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and singing;

*All sing* **Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest.  
[Sit or Kneel]**

Accept our praises, heavenly Father, through your Son our Saviour Jesus Christ, and as we follow his example and obey his command, grant that by the power of your Holy Spirit these gifts of bread and wine may be to us his body and his blood; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore, heavenly Father, we remember his offering of himself made once for all upon the cross; we proclaim his mighty resurrection and glorious ascension; we look for the coming of your kingdom, and with this bread and this cup we make the memorial of Christ your Son our Lord.

Great is the mystery of faith:

*All sing* **Christ has died:  
Christ is risen:  
Christ will come again.**

Accept through him, our great high priest, this our sacrifice of thanks and praise, and as we eat and drink these holy gifts in the presence of your divine majesty, renew us by your Spirit, inspire us with your love and unite us in the body of your Son, Jesus Christ our Lord. Through him, and with him, and in him, in the unity of the Holy Spirit, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise:

*All sing* **Blessing and honour and glory and power  
be yours for ever and ever. Amen.**

## **The Lord's Prayer**

As our Saviour taught us, so we pray:

*All* **Our Father, who art in heaven,  
hallowed be thy name; thy kingdom come;  
thy will be done; on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory, for ever and ever.  
Amen.**



## **Breaking of the Bread**

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.

*All* **Though we are many, we are one body,  
because we all share in one bread.**

## **Agnus Dei** *is sung*

*Jesus, Lamb of God, Have mercy on us*

*Jesus, bearer of our sins, Have mercy on us*

*Jesus, redeemer of the world, Give us your peace.*

## **Giving of Communion**

Jesus is the Lamb of God

who takes away the sin of the world.

Blessed are those who are called to his supper.

***All Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.***

### ***The words of invitation to communion***

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

***All are welcome to come forward to receive the bread and wine at the Communion rail.***

*If you do not wish to take the wine, please walk back to your pew after you have taken the bread.*

***If you would just like to receive a blessing, please carry your order of service with you to help the priest know your intention.***

***If you prefer to receive communion in your pew, the priest will come to you, please let the churchwarden know you wish to receive communion as he approaches down the aisle.***

## **Post Communion Prayer *[Sit or Kneel]***

Eternal Father, we thank you for nourishing us with these heavenly gifts: may our communion strengthen us in faith, build us up in hope, and make us grow in love; for the sake of Jesus Christ our Lord. **All Amen**

**All Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.**

## **Final Hymn [455] *[Please stand to sing]***

Guide me O thou great Redeemer,  
pilgrim through this barren land;  
I am weak but thou art mighty;  
hold me with thy powerful hand:  
Bread of heaven,  
feed me now and evermore.

Open now the crystal fountain  
whence the healing stream doth flow;  
let the fiery cloudy pillar  
lead me all my journey through:  
strong deliverer,  
be thou still my strength and shield.

When I tread the verge of Jordan,  
bid my anxious fears subside;  
death of death and hell's destruction,  
land me safe on Canaan's side:  
songs and praises  
I will ever give to thee.

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## **The Blessing**

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit rest within you, and remain with you always. **All Amen.**

***The Minister says***

Go in the peace of Christ.

**All Thanks be to God.**

*Our thanks to The Revd Yvonne Murphy for leading our service of Holy Communion*

***Please stay for coffee or tea and a chat after the service in Waters' Hall***

## **Services in June in Christ Church:**

- |                        |                                   |
|------------------------|-----------------------------------|
| <b>9<sup>th</sup></b>  | <b>10.30am Morning Prayer</b>     |
| <b>13<sup>th</sup></b> | <b>10.30am BCP Holy Communion</b> |
| <b>16<sup>th</sup></b> | <b>10.30am Holy Communion</b>     |
|                        | <b>6.00pm Evensong</b>            |
| <b>23<sup>rd</sup></b> | <b>10.30am Morning Prayer</b>     |
| <b>27<sup>th</sup></b> | <b>10.30am BCP Holy Communion</b> |
| <b>30<sup>th</sup></b> | <b>10.30am Holy Communion</b>     |



## **Christ Church Events coming up soon!**

**Tuesday 11<sup>th</sup> June 2024** – from 12.30pm to 1.30pm

**Brighton Guitar Quartet**

**Friday 21<sup>st</sup> & Saturday 22<sup>nd</sup> June** An Exhibition of Arts to include Banners, Sculptures, paintings and photography  
10.30am to 4.30pm

### **Archaeology/history walks in Worthing for 2024.**

Alex Vincent is running a series of archaeology/history walks for Christ Church in Worthing once a month between June and August. These will take place in the morning on the second Wednesday of the month. If rained out, then the walk will take place on the next Wednesday. They start at 10.00 am and end up at Christ Church for the Coffee Morning. The walks for this year are listed below.

**June 12.** Old Worthing village. Meet outside Waitrose.

**July 10.** Worthing brickfields. Meet north end of Graham Road.

**August 14.** Portland Road, Worthing. Roman and medieval sites.  
Meet at St Paul's Church.

*For any enquiries, Alex's telephone number is 07753282714.*

*Email alexeclipsing@gmail.com via Worthing Library.*

### **Volunteers wanted for "Creativity @ Christ Church"**

On Friday 21<sup>st</sup> & Saturday 22<sup>nd</sup> June,  
Christ Church is hosting an Exhibition of Banners and Arts.

If you can spare any time during these two days, please do write your name on the sheet at the back of the church, at the refreshment station.

**BCP EVENSONG – Service Order**

***Conducted by The Revd Roger Walker***

**Hymn 278** Alleluia sing to Jesus

**Confession etc.** (*see booklet*)

**Responses**

**Psalm 35 [1-10]** (*see next page*)

**1<sup>st</sup> Reading: Jeremiah 5: 1-19** *Reader: Roger W*

**Canticle – Magnificat** (*see separate sheet*)

**2<sup>nd</sup> Reading: Romans 7: 7-end** *Reader: Roger W*

**Canticle – Nunc Dimittis** (*see separate sheet*)

***Creed, Responses, Collects*** (*see booklet*)

**Hymn 309** Let all mortal flesh keep silence

**Prayers** *led by John B*

**Hymn 2** Christ whose glory fills the skies

***Sermon***

**Offertory Hymn 430** Forth in thy name O Lord I go

***Blessing***

***Organ Voluntary***

*Pange Lingua glossat de ma dreta  
by Gabriel Menalt, 1657-87, Barcelona*

***Our thanks to The Revd Roger Walker  
for leading our service this evening***

***PSALM 35: 1 - 10***

## **Magnificat**

1. My soul doth | magnify the | Lord : and my spirit hath re-|  
joiced in | God my Saviour.
2. For he | hath re-| garded : the | lowliness | of his | hand-  
maiden.
3. For be-|-hold, from | henceforth : all gene | rations shall | call  
me | blessed.
4. For he that is mighty hath | magnified | me : and | holy | is his |  
Name.
5. And his mercy is on | them that | fear him : through-| out all |  
gene-| rations.
6. He hath shewèd | strength with his | arm : he hath scattered  
the proud in the imagi-| nation | of their | hearts.
7. He hath put down the mighty | from their | seat : and hath ex-|  
alted the | humble and | meek.
8. He hath filled the hungry with | good | things : and the rich he |  
hath sent | empty a-| way.
9. He re-| membering his | mercy hath holpen his | servant |  
Israel.
10. As he promised | to our | forefathers, Abraham | and his |  
seed, for |ever. Glory be to the Father\*, and | to the | Son : and |  
to the | Holy | Ghost;  
As it was in the beginning\*, is now, and | ever | shall be : world  
without | end. | A-| men.

## **Nunc Dimittis**

1. Lord, now lettest thou thy servant de-| part in | peace : ac-|  
cording | to thy | word.
2. For mine eyes have | seen : thy sal-| vation; which thou hast  
prepared : before the | face of | all | people;
3. To be a light to | lighten the | Gentiles :and to be the | glory of  
thy | people | Israel.  
Glory be to the Father\*, and | to the | Son :and | to the | Holy |  
Ghost;  
As it was in the b-| eginning\*, is now, and | ever | shall be : world  
without | end. | Amen.