



JANUARY  
IN  
CHRIST CHURCH

WORTHING  
BN11 1QY

*Registered Charity no: 1152846  
Parochial Church Council  
of Worthing, Christ Church*

Visit our webpage:

[www.christchurchworthing.org.uk](http://www.christchurchworthing.org.uk)

Volume 3 Issue 1- JANUARY 2019

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**Worship in January at**  
**Christ Church:**



- 6<sup>th</sup> 10.30 am** Holy Communion with Canon Muriel Pargeter and  
The Revd David Renshaw  
**6pm** BCP Evensong with The Revd Roger Walker
- 10th 10.30 am** BCP Holy Communion with The Revd David Renshaw
- 13th 10.30am** Morning Prayer with The Revd David Renshaw and  
Canon Dr. Andrew Wingate, Diocesan Associate Interfaith Adviser
- 20th 10.30 am** Holy Communion with The Revd David Renshaw and  
Derek Hansen
- 6 pm** BCP Evensong with The Revd David Renshaw
- 24th 10.30am** BCP Holy Communion with  
The Revd George Butterworth
- 27th 10.30am** Morning Prayer with Canon Muriel Pargeter

**Come and join in with our regular events**  
**in Christ Church**

**Tuesdays 10.30 am to 12 noon:**

**Open church with refreshments**



**Wednesdays 10.30 am to 12 noon,**

**Open church with refreshments - donations accepted in aid of missions. Hand-made greetings cards for sale.**

**Thursdays 2.30 pm – 4.30 pm: come and enjoy a chat over a**

**cuppa – if you are so inclined, why not join in the “Knit & Natter” group, bring your knitting, crochet or crafts or... simply come and enjoy fellowship with friends!**



**Every 2<sup>nd</sup> Thursday – Councillor Hazel Thorpe is also**

**available to listen and give advice**

**Every Third Thursday, at 2.30pm**

**The Rainbow Poetry Group meets in the church**



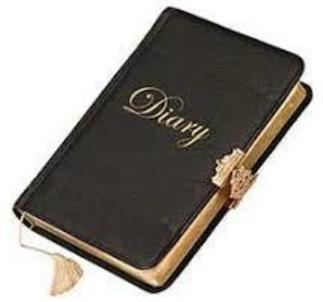
**Coffee on the 2<sup>nd</sup> and 4<sup>th</sup> Saturday of each month**

**10.30 am to noon**





Dates for your diary!



*Entrance to our concerts and talks is always free, with donations welcomed on exit for church building works.*

**Tuesday 5<sup>th</sup> February: 12.30pm to 1.30pm Paul Gregory, Guitarist and cellist** will once again give a recital

**Tuesday 19th Feb 12.30 – 1.30pm** Come along to a Dementia Friends session with Lynsey Tran from the Alzheimer's Society

**Tuesday 12th March: 12.30pm to 1.30pm Concert by Rob Campkin,** musician.

**Tuesday 26th March 12.30 – 1.30pm** Canon Dr. Andrew Wingate, Associate adviser on Diocesan Interfaith relations will be speaking

**Tuesday 9<sup>th</sup> April 2019 12.30pm to 1.30pm Concert by Martin Smith,** on the Euphonium.

**Tuesday 14th May 2019 12.30pm – 1.30pm** We will be entertained by the Ukulele Band

**Tuesday 11th June 12.30pm – 1.30pm** John Collins, Christ Church Organist will be giving an Organ recital

## **Is your drinking costing you more than money?**

hangovers / shame / despair / work problems / relationships / debt / loneliness / isolation / anxiety / health / control / love / self-respect

**AA MEETINGS ARE HELD HERE AT CHRIST CHURCH EVERY  
WEDNESDAY 7.30 PM**

If you are worried about your drinking and want to talk to someone who has had the same problem, please call:

National Alcoholics Anonymous Helpline: 0800 9177 650

or visit [www.alcoholics-anonymous.org.uk](http://www.alcoholics-anonymous.org.uk)

## *Poet's Corner*

Hope.

*At the tips of trees,  
As through iced eyelids,  
Dark green pupils peer;*

*Shim'ring in the smiles  
Of weak, watery sunshine,  
They shed tiny tears;*

*Beneath frozen fields  
A silent symphony stirs;  
In Winter, Spring lives!*

© Elliott Allison (Autumn Ambles, '10)

**Into a New Year!**

**One sees but as far  
As the fog permits;  
One hears but as much  
As its density allows;  
Its stillness often stifles -  
Its dullness can depress;  
Unappealing,  
It may be -  
Undaunting to the free  
Who sees,  
Beyond the haze,  
Clearer, brighter vistas.**

©Elliott Allison (Autumn Ambles, '10)

Rain steadily swelling the rivers and streams,  
Sunlight on icicles sparkles and gleams.  
Snow like a blanket lies thick on the street,  
Brings numbness to fingers and chilblains to feet.  
Crisp, cloudless days for a long cycle ride,  
Dark, dreary evenings that keep us inside.  
Warm woollen sweaters and fleecy lined gloves,  
Soup and hot chocolate that everyone loves.  
But look! In the gardens, green shoots are found,  
They bravely appear through the hard-frozen ground.  
The evenings are lengthening with each passing day,  
Cold winter's half over and Spring's on her way!

*Dorothy Foan*

### **GOD'S PLAN FOR AGEING**

Most seniors never get enough exercise. In His wisdom God decreed that seniors become forgetful so they would have to search for their glasses, keys and other things, thus doing more walking. And God looked down and saw that it was good.

Then God saw there was another need. In His wisdom He made seniors lose co-ordination so they would drop things, requiring them to bend, reach and stretch. And God looked down and saw that it was good.



Then God considered the function of bladders and decided seniors would have additional calls of nature, requiring more trips to the bathroom, thus providing more exercise. God looked down and saw that it was good.

So if you find as you age you are getting up and down more, remember it's God's will. It is all in your best interest even though you mutter under your breath.

## **THE PARTY DOES NOT END ON CHRISTMAS DAY**

While it is indeed true that Christmas Day marks the culmination of the anticipation of Advent, it is also true that it marks but the start of God's revelation that His Son has come to earth. The Gospels show us that this revelation was not just a simple one-off event at Christmas, but was in fact a multi-faceted series of events involving different groups and different times, stretching across the Christmas and Epiphany church seasons, in other words, from Christmas Day to Candlemas. The nature of the events, and the character of the groups involved, tell us quite a lot about those to whom, in sending Jesus, God was seeking to reach out, and to whom Jesus would later seek to reach out in His adult ministry.

It is Luke who describes the events that occurred in the Judean countryside around Bethlehem at the time of Jesus' birth. God chose to first reveal this momentous event to a group of terrified shepherds. Shepherds at that time would have been a relatively poor and marginalised group in Jewish society. It is surely significant that the first group to whom Jesus was revealed was not the religious establishment of the day, but a group of Jews at the margins of society. Poor in material terms they may have been, but rich in spirit they certainly were.

Matthew gives us the story of the Wise Men from the East, who came, initially to Jerusalem, seeking the new-born King of the Jews. It was, I think, a very natural human thought to first seek a king in a capital city, but it was to provincial Bethlehem that they had to journey on before they found Jesus. Here we have the Epiphany, God revealing His Son to the Gentiles, a sign that Jesus was God's gift to the whole world.

Finally, Luke also gives us an account of Jesus' presentation in the Temple, the event the Church commemorates at Candlemas, on 2<sup>nd</sup> February. As to the formal events in the Temple, Luke tells us only about the customary sacrifice Mary and Joseph made. From this, we can infer that, to the Temple authorities, this was simply another routine presentation of a first-born Jewish male, to signify that the boy was deemed to belong to the Lord.

However, the event did not pass un-noticed elsewhere in the Temple. Both Simeon, who Luke describes as an upright and devout man who watched and waited for the restoration of Israel, and Anna, a very old prophetess who worshipped night and day in the Temple, recognised the baby Jesus for who He truly was. Here, in the

very heart of the Jewish religion, Jesus is revealed to people of true faith, if not to the religious authorities of the day.

Looking across these three events, we see a God reaching out to everybody, Jew and Gentile alike. We also see a God who reaches out to the poor and marginalised; they have the privilege of being the first to welcome Jesus into the world. And we see a God who inspires all people of true faith.

*Christopher Ward*

## *Barbara's Amazing Lives...*

MARY ANNING

Self-educated Geologist

1799-1847

Born into a poor family in Lyme Regis, Mary spent her early years watching her carpenter father skilfully hone wood and also the rocks which they found on the local beach. Those rocks contained 'curiosities' which her father sold to supplement the family income. What they really were was unknown at that time.

After the death of Richard Anning in 1810 the family were in desperate straits and needed to pay back debts to avoid the workhouse.

Mary continued claiming the 'curiosities' using the skill learnt from her father and her discovery of a fish lizard (Ichthyosaurus) sold for the princely sum of £23 saving Mary, her brother and mother from destitution.

Meanwhile, the 'curiosities' were proving to be of great interest to the burgeoning scientific community in London.

Mary learnt to read and write at the local Sunday school and educated herself about her discoveries. She was supported by Elizabeth Philpott, who was also a fossil hunter. Charles Darwin paid tribute to her hard work and commitment.



Over her short life (she died of lung cancer at 48) Mary's keen eye and steady hand contributed enormously to science of geology. She was well known locally and did achieve a certain amount of celebrity. However the papers written about her finds and exhibits displayed in London gave her little or no credit.



Hailed as probably the Greatest Fossil Hunter, a eulogy was written by the president of the Geological Society. This was the first one given for a woman. The Society did not admit women until 1904.

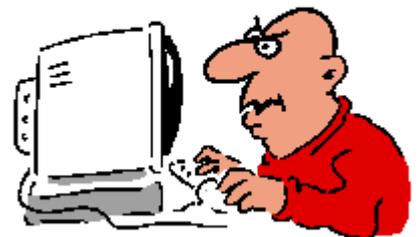
Some of Mary's discoveries are in the Natural History Museum and her home town pays tribute to her in the town's museum together with a blue plaque displayed on her place of birth.

Fossils continue to be revealed on beaches by the erosion of the cliffs on what we now know as the Jurassic Coast.

*Many thanks to Barbara Hine for this contribution!*

## Important Facts to Remember as We Grow Older

Give a person a fish and you feed them for a day.  
Teach a person to use the Internet and they won't bother you for weeks, months, maybe years.



All of us could take a lesson from the weather. It pays no attention to criticism.

In the 60's, people took LSD to make the world weird. Now the world is weird and people take Prozac to make it normal!



## *A message from our organist.....*

During 2019 there are several composers whose anniversary of birth or death can be commemorated, and who left some organ music. Amongst them are Aurlio Bonelli (Bologna) and Jakob Hassler (Augsburg) both born in 1569, Anthoni van Noordt (Amsterdam) born 1619, Giovanni Maria Casini (Florence) who died in 1719, William Walond (Oxford) and Joaquín de Ojinaga (Madrid) both born 1719, Marianus Königsperger (Prüfening) died 1769, Pierre Verheyen (Ghent) and Giulio Maria Delfrate- Alvazzi (Varzi and Cattagna) both of whom died 1819.

Sadly most of them are not well-known today and their pieces are hardly ever heard. I shall be playing some of these during the year before and after services at Christ Church. Thank you very much for your support and appreciation during the past year, it means such a lot.

*John Collins, organist Christ Church.*



Little Lucy was staring up at the large brass plaque that hung on the side wall of the church. The plaque was covered with names and seemed to fascinate the little girl. "Who are they?", she asked the vicar. He replied, "Well, they are people who used to go to this church and it is a memorial to all the young men and women who died in the Services". They stood together staring at the plaque. Lucy quietly asked, "Which service, the 10.30am or the 6pm?"

*Thank you, Dorothy!*

### *Recipe - try this different version of Egg and chips!*

*Quantities are up to you and your appetite!*

Cut whatever vegetables you fancy into similar sized pieces, along with cubed potatoes. [e.g. onions, peppers, root veg, etc.] Place in an oven proof dish that has been liberally sprayed with Low fat spray oil. Spray the veg in the tray, and season well.

Bake in the oven 200C 400F Gas mark 6 for 20 – 30 minutes, until the veg is all cooked and browned. Take the tray from the oven and make two holes in the veg for each person. Crack an egg into each hole, and return to the oven for 5 minutes, or until the eggs are cooked, but soft.

*Serve and enjoy!!*

## **A Christmas Memory** *from Doug Twomey*

This Christmas brought to mind an experience of 72 years ago when I was serving in the Royal Fusiliers stationed in Mustafa Barracks at Alexandria in the west of Egypt.

It was a vast complex of the Victorian era, self-contained with its own Church of England garrison church, shops, roads, etc., all surrounded by a thick high stone wall. One memory is of the bath house containing vast cast-iron bath tubs devoid of any enamel coating and so deep, that when sitting in them, one could not see over the side! But the most vivid memory I possess is of Christmas Eve in 1946, when a friend persuaded me to attend the Midnight Service in the garrison church.

On arrival we were conducted to the very front of the church because all the other seats were taken. To our great surprise, the church was full, not with our own fellow Fusiliers, but with our German prisoners of war. They were men from the 21<sup>st</sup> Panzer Division of General Rommel's Afrika Corps, most of whom had been held captive for a number of years and were bronzed by exposure to the Egyptian sun. They were housed in a compound within the barrack walls and had gained a degree of trust and respect, so much so that they carried out essential work, including manning the garrison fire engine. Nowadays they would be referred to by the media as 'Nazis'.

However, they filled the church and joined in the hymn singing and worship which was all in the English language. In fact, one of them played the organ whilst another pumped its bellows by hand. As for us, I could see we were the only two Englishmen there apart from the Padre. The majority of the Fusilier Battalion were celebrating their Christmas in a different way; at the bar in the NAFFI where fights broke out, possibly because of the complete absence of women who might have been able to moderate the celebration!

I wonder what happened to those Germans on eventual release from captivity, some of whom had not seen their families for six years, and dreaded returning to their homes, some of which were in the region of East Germany controlled by the Russian Communists.

Apparently, they were Lutheran Christians whose custom it is to celebrate Christmas by attending church on Christmas Eve. My enjoyment of Christian fellowship with them was such an unusual experience that I have cherished it ever since.



If you would like to know more about CHRIST CHURCH,  
or would just like to be informed about events, concerts, recitals  
or our regular talks, with interesting speakers on a  
whole range of topical issues;

Please leave us your email address  
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