



OCTOBER
IN
CHRIST
CHURCH
WORTHING
BN11 1QY

*Registered Charity no: 1152846
Parochial Church Council
of Worthing, Christ Church*

Visit our webpage:

www.christchurchworthing.org.uk

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Worship in October at Christ Church

6th October **10.30am Holy Communion for Harvest**
with The Revd David Renshaw and The Revd Alex Grubb

6pm BCP Evensong

with The Revd George Butterworth

10th October **10.30am BCP Holy Communion**
with The Revd David Renshaw

13th October **10.30am Morning Prayer**
with The Revd David Renshaw and Andrew Foreman from Hope Now

20th October **10.30am Holy Communion**
with The Revd Alex Grubb and Canon Muriel Pargeter

6pm BCP Evensong

with The Revd David Renshaw

24th October **10.30am BCP Holy Communion**
with The Revd Nancy Ford

27th October **10.30am Morning Prayer**
with Derek Hansen

Come and join in with our regular events in Christ Church

Tuesdays 10.30 am to 12 noon:
Open church with refreshments



Wednesdays 10.30 am to 12 noon,
Open church with refreshments - donations accepted in aid of missions. Hand-made greetings cards for sale.

Thursdays 2.30 pm – 4.30 pm: come and enjoy a chat over a cuppa – if you are so inclined, why not join in the “Knit & Natter” group, bring your knitting, crochet or crafts or... simply come and enjoy fellowship with friends!

Every 2nd Thursday – Mayor Hazel Thorpe is sometimes available to listen and give advice



Every Third Thursday at 2.30pm

The Rainbow Poetry Group meets in the church



Coffee on the 2nd and 4th Saturday
of each month - 10.30 am to noon

The new Monthly Prayer Focus meets on the second Saturday of each month from 10.45 am – 11.15 am. We meet in the organ vestry, everyone welcome!



Dates for your diary!

Concerts...

Tuesday 15th October 2019 12.30pm – 1.30pm

We welcome back Richard Bowen
who will give a classical guitar recital

Tuesday 29th October 2019 12.30pm – 1.30pm

“A little Light Music” – Dorothy, Jan, Miles and Morag

Tuesday 19th November 2019 12.30pm – 1.30pm

John Wickens Musical concert

Tuesday 21st January 2020 12.30pm – 1.30pm

Paul Gregory [Cello], Marielle Way [Flute] and Yoko Ono [piano]

Tuesday 21st April 2020 12.30pm – 1.30pm

Martin Smith [Euphonium] and Chris Coote [piano]

Tuesday 5th May 2020 12.30pm – 1.30pm

Yoko Ono Piano recital

Tuesday 2nd June 2020 12.30pm – 1.30pm

John Rattenbury, Guitar and Ivana, Cello

Tuesday 16th June 2020 12.30pm – 1.30pm

John Collins Organ recital

Tuesday 22nd September 2020 12.30pm – 1.30pm

Richard Bowen classical guitar recital

Tuesday 13th October 2020 12.30pm – 1.30pm

We welcome back Rob Campkin, violinist and James Buckham, pianist



Talks...

Tuesday 5th November 2019 12.30 – 1.30pm

Gerry Hawkes – Lunchtime talk
'Global-Warming'

Tuesday 4th February 2020 12.30pm – 1.30pm

A talk on the work of the Police Community Support Officers

Saturday 23rd November 2019 10.30am to 12 noon

Christmas Mini market

5th – 29th December 2019

Annual Christmas Tree Festival

Poet's Corner

From his armchair!

Seated at uncurtained window,
Housebound soaks up summer sun;
Watching lambkins in the meadow
Hopping, skipping as they run,
With their siblings having fun.

© Elliott Allison



Echoes from Afar!

Deep-rooted memories endure,
Though age their colour seek to hide;
Their essence linger long!

Nor pain nor pleasure can deter
Their recollection e'en unsought;
Gems from our distant past!

For loneliness a sinecure,
Enriching succour to provide,
Lost wanderers grow strong!

Fine portraits might become a blur,
Or reminiscence come to naught,
Affects forever last!

Frequent the lanes of memory,
While we have the ability!

© *Elliott Allison*

Did you know....?

Matthew Webb, an Englishman, was the first recorded person to swim unaided from Dover to Calais in 1875.

His time was 21 hours 45 minutes.

The fastest, so far, was set in 2007 and it took 6 hours 57 minutes 50 seconds which was achieved by Peter Stoychev, a Bulgarian.

Thanks to Barbara for this!



‘For forty years now, Prisons Week has prepared prayer literature to enable the Christian community, through individuals and churches, to pray for the needs of all those affected by prisons: prisoners and their families, victims of crime and their communities, those working in the criminal justice system and the many people who are involved in caring for those affected by crime on the inside and outside of our prisons.

Prisons Week raises awareness and generates prayer. It motivates volunteers to step forward and give their time and gifts, in prisons and in their own communities. It provides an annual focus and reason for Christians to work together, building capacity and motivation to make a difference for people who are out of sight and often out of mind.

Prisons Sunday – the second Sunday in October – marks the beginning of the week of prayer each year, running through until the following Saturday.’

Prisons Week 2019 will take place from Sunday, 13th – Saturday, 19th October, more information may be found on the Prisons’ week website: <https://prisonswEEK.org/>

Supported by many charities, including the C of E and Mother’s Union

Thoughts on
Deuteronomy 30: 9 - 14 and Luke 10: 25 - 37
From the Revd Roger Walker



The parable of the Good Samaritan is a very obvious one, answering the question – who is my neighbour? But both our readings show us how important the Old Testament is for our understanding of the Christian faith – for it is the background to everything that Jesus said and did and, of course, for the earliest Christians was the only Scripture that they had. So Jesus sends his questioner back to the Old Testament for an answer to his question – “What must I do to inherit eternal life”? “What”, asks Jesus, “is written in the Law”? – that is the Old Testament – and the scribe replies with words engraved on the heart of every Jew – what is known as The Shema from Deuteronomy 6, words that were the first to cross the lips of a faithful Jew every morning – “You shall love the Lord your God with all your heart, mind and soul and strength” - but the scribe does not stop with a spiritual response, he adds - from Leviticus 19 – “You shall love your neighbour as yourself” - and it is these Old Testament words that lead into the good Samaritan parable.

To see how the Jews related to God, let’s go back to our Old Testament reading. Here Moses is addressing the people of Israel before they enter the Promised Land and we heard him say – “The Lord will delight in you if you obey the Lord your God and keep his laws and commandments”. It is a re-statement of the covenant with God which was made at Mount Sinai with the giving of the 10 Commandments and is repeated several times in

the Old Testament. Remember that a covenant or a testament – the words mean the same – is a promise with a condition attached to it – and God's old covenant said 'You shall be my people and I will be your God' – if - there's the crucial word – if you keep my laws and my commandments. Moses in our reading clearly hopes that the people will keep this covenant, but you can see in his words that he has his doubts. He had seen their behaviour during the 40 years wandering in the wilderness and sadly he was right – time and again through the books of the Old Testament, God sends his prophets to recall his people to their covenant, and time and again they continue to rebel. God through those same prophets begins to promise a new covenant and it is this covenant that we live under; for although we seek to obey God, we do not try and keep the 600-odd laws and commandments in the Old Testament – rather we look to the covenant that we read in John 3, v 16 – the most important verse in the bible – which says "God so loved the world that he gave his only begotten son, that whoever believes in him (Jesus) – that's the condition – shall not perish but have everlasting life". The promise -this promise of forgiveness of sins and eternal life won through Jesus is central to our Christian faith.

Coming back to our reading from Luke causes us to love the Lord our God and also to love our neighbour as ourselves - for our life in this world is not solely me and God – it must embrace others as well and this is where the Good Samaritan parable challenges us. The Samaritans were descended from foreigners brought into the land in the 700s BC after the Assyrians captured the 10 northern tribes of Israel and carried them into exile – never to return.

Although the Samaritans worshipped God – the remaining Jews in Judah and Jerusalem would not accept them, and they had to build their own temple – this enmity never died, and we can see it reflected in other parts of the Gospel. So, to take care of a Samaritan was not just to help a stranger but a hated stranger and tells us that 'love your neighbour' does not just mean 'people like us' but even those who are unlovely and seemingly un-loveable. Do we manage this, or do we stick close to those we know? It will help us to obey God if we look at the biblical meaning of the word 'love' – it does not have any romantic overtones but literally means to seek someone's highest good and this is something we can do even with the unlovely people we meet – people who are like Samaritans to us . This

is the message that the parable is giving us, but our two readings as a whole are telling us how important the Bible is to us – both the Old Testament and the New Testament. There is a great temptation just to read stories from the Gospel and well-known passages from the Epistles in our bible reading time each day – but we need to see the whole pattern of what God has done – what theologians call ‘salvation history’. To do this we must read the whole bible – it does not really work to read it as we would a novel, starting at the beginning and reading straight through, we would probably get completely ‘bogged down’ in Numbers and Leviticus – find parts of the prophetic books incomprehensible – this is why we need to use bible reading notes. I use some called Daily Bread but there are many others – these give us a passage to read and a simple explanation related to our lives and offer suggestions for prayer, helping us to read and understand words from different books of the bible and making sure that we do not neglect the Old Testament; but always we come back to what we heard today – love God, love your neighbour and hold faithfully to God’s New Testament promises of eternal life in Jesus Christ.



Our thanks to Revd Roger Walker, who often takes services for us. Those of you who would like to have copies of ‘Daily Bread’ to which Roger refers can obtain them from the church, just ask any member of the team.

Today dear Lord I'm 90

Today dear Lord I'm 90
And there's much I haven't done
So I hope dear Lord you'll let me live until I'm 91
But then, if I haven't finished all I want to do,
Would you let me stay awhile until I'm 92?
So many places I want to go, so very much to see,
Do you think that you could manage to make it 93?
The world is changing very fast, there is so much in store,
I'd like it very much to live until I'm 94.
And if by then I'm still alive, I'd like to stay till 95.
More planes will be up in the air, so I'd really like to stick,
And see what happens to the world when I'm 96.
I know dear Lord, it's much to ask
(And it must be nice in heaven),
But I would really like to stay until I'm 97.
I know by then I won't be fast,
And sometimes will be late,
But it would be so pleasant to be around at 98.
I will have seen so many things,
And had a wonderful time,
So, I'm sure I'll be willing to leave at 99 ...

Maybe!

Author unknown

Rainbow Poetry at Christ Church

Topic:

17th October **A Shared Sky**

21st November **Windows**

Meetings at 2.30pm in the Organ vestry.

Bring any poem of your own, if you care to.

Admission Free. Membership available £4 p.a.

Please enquire for similar meetings in Brighton and Shoreham.

JOKE CORNER!

Why did the quarry go out of business?

It hit rock bottom

What's the difference between a guitar and a fish?

You can tune a guitar but you can't tuna fish



Q: What is the difference between a clown and a man going through his mid-life crisis?

A: The clown *knows* he's dressed completely ridiculously.



An old couple arrive at Gatwick just in the nick of time for their holiday flight. "You know what," says the elderly lady, "I wish I'd brought the piano with me." Being used to this sort of random utterance her long-suffering husband asks why. "Because I've left the tickets on top of it," she replies.

At a nursing home, a group of senior citizens are sitting around talking about their aches and pains. “My arms are so weak I can hardly lift this cup of tea,” says one. “I know what you mean,” says another, “my cataracts are so bad I can’t see my cup.” “I can’t turn my head because of the arthritis in my neck,” says a third. “I’ve got all those problems,” says another one of the group “plus my blood pressure tablets make me dizzy all the time. I suppose that’s the price we pay for getting old.”



The group sits silently contemplating this for a while before an old lady pipes up. “Still, look on the bright side,” she says, “at least we’re all still able to drive!”

The easiest way to find something lost in the house – buy a replacement.

“This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us.”

1 John 5:14



Come along to our new monthly Prayer Focus every second Saturday in the month from 10.45 am – 11.15 am. We meet in the organ vestry and spend time praying for our Church, Community and Country as we seek the heart of God and His will in these matters. Everyone is welcome! *For further details please speak to Ken or Miles*

Time now for the Harvest

The gifts of fruit and grain
For all the blessings, great and small
Bestowed by sun and rain.
And time to think of other gifts
So many we receive
For love and hope and thoughtfulness
And all we can achieve.
A time to think of other lands
And send a healing prayer
To reach out far across the earth
And show the world we care.

Iris Hesselden

(Sylvia read this in The Friendship Book)



A few more senior moments from Dorothy!

When you find yourself marvelling at your car's ability to move itself from where you parked it.

When you are barred from the supermarket for causing check-out holdups as you try to remember your pin.

When you answer the phone only to realise it wasn't your phone that was ringing-it was on the television!

When you realise that's Vaseline you're spreading on your toast, not butter.

When you frequently acquire third-degree burns at lunch after you absent-mindedly dip your hand in your cup of coffee for a cheese and onion crisp.

When you suddenly wonder why so many cars are driving on the wrong side of the road today.

One day a schoolteacher wrote on the blackboard:

$9 \times 1 = 7$
 $9 \times 2 = 18$
 $9 \times 3 = 27$
 $9 \times 4 = 36$
 $9 \times 5 = 45$
 $9 \times 6 = 54$
 $9 \times 7 = 63$
 $9 \times 8 = 72$
 $9 \times 9 = 81$
 $9 \times 10 = 90$



When she was done, she looked at the students. They were all laughing at her, because of the first equation which was wrong. She then said:

"I wrote that first one wrong on purpose, because I wanted you to learn something important.

This was for you to know how the world out there will treat you. You can see that I wrote, correctly, 9 times, but none of you congratulated me for it; you all laughed and criticized me because of one wrong thing I did.

So this is the lesson...:

'The world will may not appreciate the good you do a million times, but will criticize the one wrong thing you do... But don't get discouraged,

**ALWAYS RISE ABOVE THE LAUGHTER AND CRITICISM.
STAY STRONG.**

with thanks to Elliott

Chicken Curry *[Serves 4]*

4 chicken breast halves or 8 thighs

Salt

Freshly ground black pepper

2 tablespoons butter

1 tablespoon olive or rapeseed oil

2 medium onions, roughly chopped

3 large cloves of garlic, chopped finely

2 tablespoons curry powder, type depending on how hot you like it!

1/2 teaspoon ground cinnamon

Tin of chopped tomatoes

10 fl ozs / 285 mls chicken or veg stock

5 fl ozs / 140 mls double cream

Juice of 1/2 lemon



1. Rub salt and pepper into chicken. Heat butter and oil in a shallow pan, add the chicken and cook until the skin is golden. Turn and add the onions and garlic and cook over medium heat until soft, about 7 to 8 minutes. Stir occasionally.

2. Stir in the curry powder and cinnamon. Cook for 4 minutes, until the spices are cooked. Add tomatoes and stock, then simmer until the chicken is tender and cooked right through, about 15 minutes.

3. Stir in the cream and taste the sauce, adjusting salt and pepper, if needed. Add the lemon juice. Simmer for 1 minute, then serve hot with basmati rice.



You might like to top with toasted cashews, sliced fried mushrooms, or peas, whatever you fancy!!

Martin's Travels....

THE CHURCH AT WAREHORNE

I visited a lovely church just over the Kent border on February 5th this year, St Michael's at Warehorne..



After a delightful tea and cake at Hamstreet tea rooms I walked down to the Military canal and along over to Warehorne.

The church has a Dutch styled porch on the north side and quite a generous square shaped layout with an interesting architecture. Most striking are the Early English arcades, the two eastern pillars made from Bethersden marble and stripes of banded ironstone, the earliest form of Gothic style introduced into England by William of Sens when he rebuilt the choir of Canterbury in 1175/80.

Large windows allow light to bathe the church brightly, the east window of the chancel is Perpendicular. The eastern arch of the arcade is wider than the others and the roof has oak tie-beams and kingposts.

The east Perpendicular window was shattered by a German bomb blast in 1939.

Also the Puritans, and before them the Reformation, have influenced the direction of the church, and although some guidebooks still refer to the church's 'Decorated' status, there little stained glass left.

St Matthew's capitalised on the Georgian splendour of boxed pews which were made of pine and overlaid with a grained varnish. Today not all of the pews are of the same date, those on the north side date from 1738. Some were replaced in the mid19th century and some of the more well-to-do families had their own seats.

There are certain tombstones, but only one perhaps of manorial import, possibly of Sir Thomas Morant of Chevening, an aumbry, some sedilia, and there is fond inscription of a 15th century Vicar which reads:

Which translates, *by courtesy of Google!* to: *'This was Thomas Jenkyns lies that are right there, year 1000 x 100 four times, and three times in the eighth to rest, he is happy to take a count of Heaven group'*.

King Egbert granted a manor to a family noted in a Charter of 820 AD.

Warehorne in Ham Hundred is also mentioned in a Domesday book of 1086 AD.

The Parish records include so many bell rope purchases that these may have also included refreshments for the thirsty bell ringers. Other records note families being helped to emigrate to America.

In the village, some common pasture was distributed by the Guild of St Catherine, the patron saint of the woollen trade, and the public house opposite is still called The Woolpack Inn today, which serves very good food.

The tower was repaired in the late 18th century, following storm damage, and effectively so, in order for the six bells continuing to resound plentifully.

Outside the old south door, a sun dial can still be seen which would have indicated the times of services using pegs put into grooves.

There is a nearby vineyard with nice walkways between Kenardington and Appledore, and the tearoom at Appledore is very popular. The area is popular with holiday makers.

Article written and submitted by Martin, to whom we are very grateful.

A HUG....

Feels Good,

Dispels Loneliness,

Overcomes fears,

Builds self-esteem,

Slows down ageing,

huggers stay younger longer,

Eases tension,

Fights insomnia,

Keeps arm and shoulder muscles in condition,

Is ecologically sound, does not upset the environment,

Is democratic, anyone is eligible, for a hug is portable,

Affirms physical being,

Is energy efficient, saves heat,

Makes impossible days possible,

Makes happy days happier.



A hug makes you feel good all day.

If you would like to know more about CHRIST CHURCH,
or would just like to be informed about events, concerts, recitals
or our regular talks, with interesting speakers on a

whole range of topical issues;

Please leave us your email address

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