



**MAY**  
**in**  
**CHRIST**  
**CHURCH**

**WORTHING**  
**BN11 1QY**

*Registered Charity no: 1152846*  
*Parochial Church Council*  
*of Worthing, Christ Church*

**Visit our webpage:**

**[www.christchurchworthing.org.uk](http://www.christchurchworthing.org.uk)**

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*Contact us:*

**Vicar: *The Revd. David Renshaw* email: [christchurchvicar@btinternet.com](mailto:christchurchvicar@btinternet.com)**

**Tele: 01903 244283**

**Churchwarden:**

***Kenneth Hobbs*: email: [christchurchfinance@btinternet.com](mailto:christchurchfinance@btinternet.com)**

**Tele: 01903 237713**

**Verger: *Lorraine* Tele: 07513 592484**

**Editor & Parish administrator: *Janine Hobbs*: Tele: 01903 237713**

**email: [janine.h@ntlworld.com](mailto:janine.h@ntlworld.com)**

## **Worship in May at Christ Church**

- 5<sup>th</sup> 10.30 am** Holy Communion  
with The Revd David Renshaw and Derek Hansen  
**6pm** BCP Evensong with The Revd David Renshaw
- 9<sup>th</sup> 10.30am** BCP Holy Communion with The Revd Alex Grubb
- 12<sup>th</sup> 10.30am** Morning Prayer  
with The Revd David Renshaw and The Revd George Butterworth
- 19<sup>th</sup> 10.30am** Holy Communion  
with The Revd Alex Grubb and The Revd David Renshaw  
**6pm** BCP Evensong with The Revd Roger Walker
- 23<sup>rd</sup> 10.30am** BCP Holy Communion with The Revd David Renshaw
- 26<sup>th</sup> 10.30am** Morning Prayer with The Revd Roger Walker
- 30<sup>th</sup> 1.30pm** Ascension Day Holy Communion Service [Common Worship]  
with The Revd David Renshaw

## Come and join in with our regular events in Christ Church

Tuesdays 10.30 am to 12 noon:  
**Open church with refreshments**



Wednesdays 10.30 am to 12 noon,  
**Open church with refreshments - donations accepted in aid of missions. Hand-made greetings cards for sale.**

Thursdays 2.30 pm – 4.30 pm: come and enjoy a chat over a cuppa – if you are so inclined, why not join in the “Knit & Natter” group, bring your knitting, crochet or crafts or... simply come and enjoy fellowship with friends!



Every 2<sup>nd</sup> Thursday – Councillor Hazel Thorpe is also available to listen and give advice

Every Third Thursday at 2.30pm

**The Rainbow Poetry Group meets in the church**



Coffee on the 2<sup>nd</sup> and 4<sup>th</sup> Saturday of each month

**10.30 am to noon**



**Be Richly Blest!**

**The first to apologise is the bravest.  
The first to forgive is the strongest.  
The first to forget is the happiest.  
Be Embraced by Love.**

*Our thanks to Elliott!*

# Dates for your diary!

## Concerts.....

**Tues 14<sup>th</sup> May 12.30pm – 1.30pm**

A local **Ukulele Band** will perform for us

**Tues 28<sup>th</sup> May 12.30pm – 1.30pm**

**Miles Young**, will give the first piano concert on the new piano!

**Tues 11<sup>th</sup> June 12.30pm – 1.30pm –**

Our own organist, **John Collins** will give an Organ recital

**Tuesday 24<sup>th</sup> September 12.30pm – 1.30pm -**

We welcome “**Four in a Bar**” - a barber shop quartet

## Talks...

**Tuesday 18<sup>th</sup> June – 12.30pm to 1.30 pm**

We welcome a speaker from ‘**Cocaine Anonymous**’  
who will speak about their work and the support they give as a  
group.

**Tuesday 17<sup>th</sup> September – 12.30pm to 1.30pm**

We welcome back **Caroline Nicholls – High Sheriff of West Sussex**  
who will talk about her year in office

## **Is your drinking costing you more than money?**

hangovers / shame / despair / work problems / relationships / debt / loneliness /  
isolation / anxiety / health / control / love / self-respect

**AA MEETINGS ARE HELD HERE AT CHRIST CHURCH EVERY  
WEDNESDAY 7.30 PM**

If you are worried about your drinking and want to talk to someone who has  
had the same problem, please call:

National Alcoholics Anonymous Helpline: 0800 9177 650

or visit [www.alcoholics-anonymous.org.uk](http://www.alcoholics-anonymous.org.uk)

## *Poet's Corner*

### The Spirit of Place

This meeting place is good and rare.  
Fingers help us live by poise;  
old men tread their feet with care.

The genius of grace will come to all  
who see the fullness of a face.  
Then we enjoy the rapid noise.

The wine and food reflect a nearby  
holy space, where continuing  
'en masse' outreaches solitude.

*Shoreham; Hugh Hellicar 20/3/2019*

### Newborn!

**His faultless face benign,  
Enclosed as in a velvet glove,  
Bears hallmark of Divine;  
Adoring parents shall in love,  
Their newly born enshrine!**

© Elliott Allison



## Good News!

Her shadowed downcast eyes had seen no sleep,  
When, as the sun upon horizon rose,  
She, with her two companions hied to keep  
Beloved with the spices that she chose;  
Her mien did not betray her trembling heart,  
Though thoughts and feelings were in disarray,  
Then in her haste she pulled up with a start,  
Perceiving that the stone is rolled away -

He whom you seek will  
not be found in here,  
See, death clothes  
neatly folded set aside,  
Good news to Peter and  
disciples bear,  
Alive is he who had  
been crucified.  
Lo, languish not in  
darkness of despair,  
In faith to resurrection  
hope repair.

© *Elliott Allison.*



## JOKE CORNER

*I'm not sure how many chocolates equals happiness, but so far, it's not 29!!*



My friend has been a limo driver for 25 years and hasn't had a single customer ... he's nothing to *chauffeur* all that time!

## *Christ Church Windows... a history*

Recently, we were thrilled to welcome Hilary Hyde - Smith and her husband John, who were interested in the stained-glass windows in the church, dedicated to her ancestor, who made a considerable contribution to the early alterations to Christ Church. Hilary kindly sent us this fascinating piece, which gives us more history of those who worked on this magnificent building in its early days, for which we are very grateful.



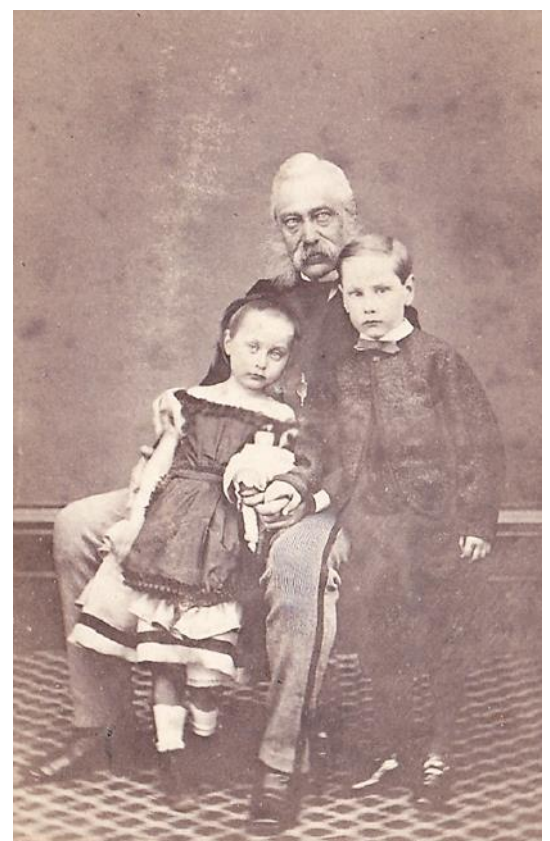
*"Thank you for the kind welcome you gave to my husband John and myself last Tuesday when we came to look round the church and photograph the two windows connected to my ancestors. You suggested that you might like to have some history of the family towards an article for your parish magazine. I will endeavour to put some flesh on the bones as it were!"*

Charles Hide (1809-1876) was the youngest child and only son of Edward Hide and Catherine neé Penfold. His mother died shortly after birth and he was brought up by an aunt. Charles showed early promise studying architecture under the well-known architect JB Rebecca. He also trained as a civil engineer. By the age of 16 he produced a pew plan for

The Chapel of Ease (St Paul's). By the age of 24, following a competition, his plans were selected for the design of the old Town Hall. For 30 years he was the town surveyor, auctioneer, High Bailiff of the County Court and registrar. He was the senior partner of the firm Hide & Patching.

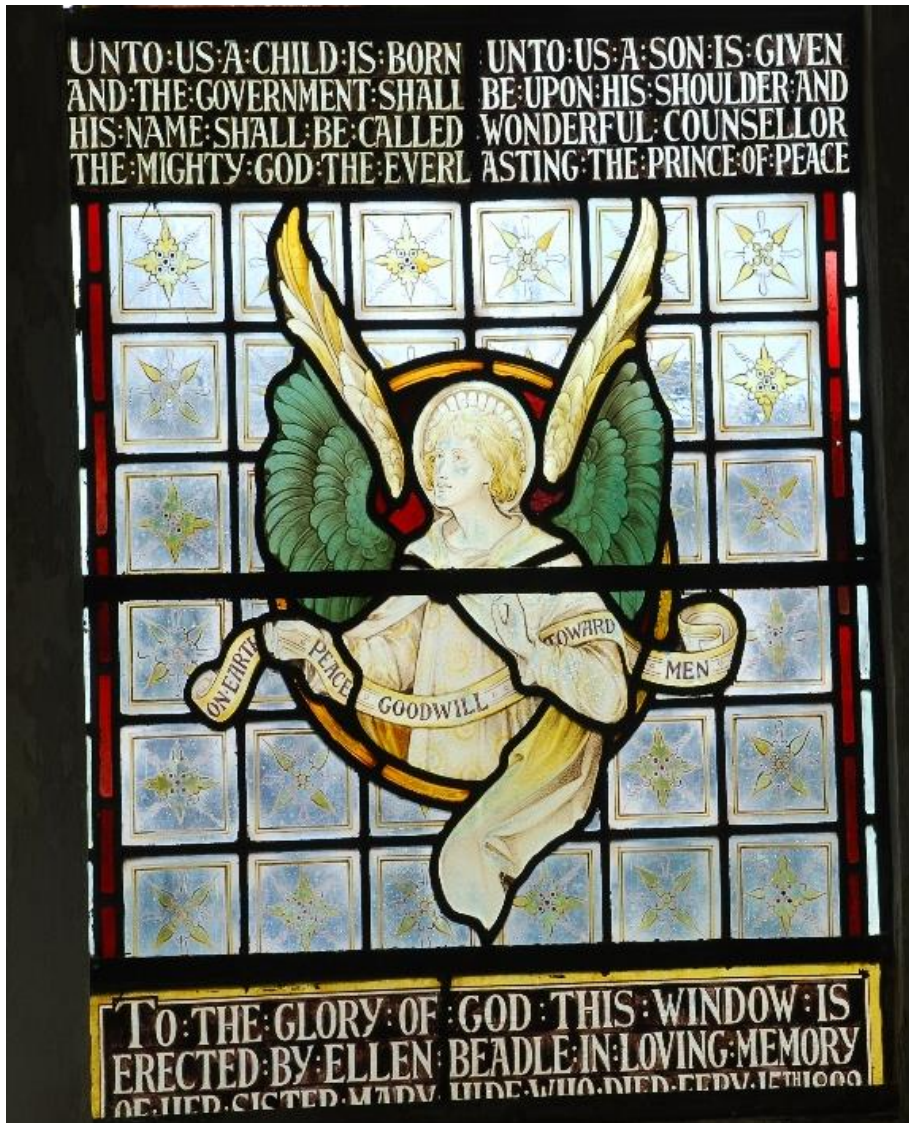
Some of his most notable works were the Worthing drainage system, The survey map of Broadwater in 1838 which is preserved in Chichester Record office; the Christ Church Schools; the Humphrys Almshouses; the restoration of Broadwater Church known as Mr Hide's Experiment, when the church was in imminent danger of collapse in the 1860s; the design of Tudor Lodge; the Bedford Hall and many other buildings in and around the town.

Whilst the original architect of Christ Church was John Elliot, Charles did a considerable amount of work in the church. (Ref Robert Elleray's guide to Christ Church). These include alterations to the west gallery; new staircase; staining roof and pews throughout...panelling base of walls; colouring windows; illuminating texts and repairs and alterations to tower entrance. It appears that the plans and drawings were submitted to a meeting on 1st March 1876. The work seems to have been completed by 1st June of that year as a special service was held to celebrate the reopening of the church. By 20th June the same year, Charles Hide was dead. Charles Hide's output was prolific as is evidenced by my research and also by the newspapers of the time. I wouldn't be surprised if he wore himself out. He certainly left his mark on Victorian Worthing. In 1834 he was married to Ellen Mitchell of Heene in St Andrew's Church West Tarring. They had five children, two boys and three girls. The boys followed their father into architecture. The only photo of Charles that I have is the one shown with two of his grandchildren.





Ellen predeceased Charles dying on 7th April 1875 whilst Charles died in June 1876. Elizabeth Reid and Ann Mitchell were sisters of Ellen. Charles and Ellen's second daughter born 1839 was called Ellen after her mother.



She married a wealthy and successful man called Charles Beadle of Erith in Kent. Ellen Beadle was close to her younger ailing sister Mary born 1840 who in 1881 was living at 62 Grafton Road with a servant. By 1891 she is recorded as living in the same address, but her niece Catherine is recorded as living with her. On 16th February 1892 Mary died of consumption aged 52. Her sister Ellen had the second window erected in her memory. She is buried in this churchyard of Christ Church.

I hope this will be of some use and of interest to some of your parishioners.

*Our thanks to Hilary and John – look forward to seeing you again soon!*

I try to eat healthily, then along comes my friend's birthday, Easter, Christmas, Summer.... Monday or Thursday!

## By Any Other Name

I wrote previously about “Splash” which reminded me of some other names in use in my time in the RN. In the context of the Church Magazine I must start with the Chaplain – invariable addressed as “the Bish” (or “the Maker’s Rep”) - despite the fact very few would make it to the rank of Bishop. “Clubs” was the Physical Training Instructor whose Branch Badge proudly displayed on his (usually large) chest depicted two Indian Clubs, now only seen on black and white films of massed PT displays. “Number One Dhoby” was the head Chinese laundryman and on big ships there may also be the “Snob” or “Tap Tap” to make or repair boots and shoes (tap tap being the sound emanating from his cubby hole all day). On ships that were at sea for long periods a volunteer amateur barber would be found and if notably lacking in skill could find himself known as “Richard Hannay” (as in “The Thirty-Nine Steps”)!

As a “Chippy” I could find myself working with the “Putty” and “Blackie”; as Shipwright being responsible for (amongst other things) the structure and preservation of the ship dealing with the Painter who before COSHH Regulations used a soft lead-based filler to smooth chips and scrapes. We could also be found on the Cable Deck working with the anchors and cable where blacksmithing skills were often called on. We would all try and avoid getting our “horrorscope” read by the “Jaunty” – the Master-at-Arms (senior policeman) – whose name derives from the French *gentlehomme* or *gentleman at arms*.

Certain officers carried the traditional name associated with their appointment: Number One (First Lieutenant/Executive Officer); Fang Farrier (Dentist); Vasco (Navigator); Scratch (Captain’s Secretary); Doggie (very junior officer nominated as the Commander’s gofer); Wings (senior Aviation Officer).

And finally – CinCNavHome? Formally Commander in Chief Naval Home Command but when used by Jack such as – “I’d love to come for a beer tonight but I’ll need to check with CinCNavHome.” Easy – “I’ll ask the wife.” *[Facts checked against Rick Jolly’s Guide to British Naval Slang and Usage “Jackspeak”]*

“Chippy”



## PRAYER SHAWL

We're delighted to report that the Prayer Shawl which we have been knitting over the past few months has now been completed and donated to a special someone who we hope will benefit from receiving it.

It has been a joyous experience for all the knitters in our church family who have contributed to its five-foot length, even if by only a few rows [or in three cases a few stitches knitted under strict supervision!]

The shawl was knitted in a three-stitch repeating pattern representing the Holy Trinity and whilst knitting it, the knitter prays for God's blessing on the person who will receive it. You may like to read this prayer which can be used as you begin to knit .....

“ A blessing to my mind to be free to enter this time of contemplative activity  
A blessing to my hands to be the source of creating some thing of beauty and love

A blessing to my soul to be open to the prompting of prayer and reflection  
A blessing to my yarn to be shaped into patterns of loving and caring  
A blessing to my needles to be the holders of stitches as they become the whole garment

A blessing to my knitting to be a work of heart and hands, body and spirit  
A blessing on the one who passed this ancient art to me. A blessing on the one who will receive the fruit of my prayer and my knitting

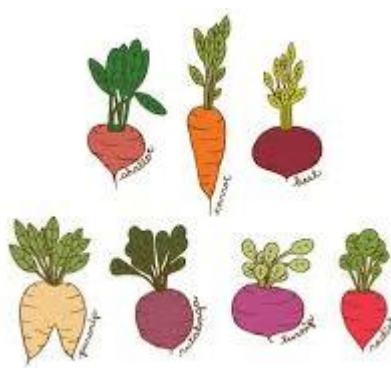
May this shawl be welcomed in the spirit in which it was knitted  
May we become one with the One who knitted each of us in our mother's womb. We join our blessing, our prayer and our knitting with men and women all over the earth in this common effort to bring healing and wholeness, comfort and celebration.”

*Dorothy*

## Recipes from home...

### Tasty vegetable bake

Try this new family favourite from Jan.



*"I always like to cook using whatever I have in the fridge, depending on how I'm feeling, and who's coming to dinner. Consequently, you can adapt this recipe to suit your particular likes and dislikes, experiment, have fun!"*

#### **Ingredients.** Serves 2 – 3 hungry people

*[Amounts vary according to taste. You are aiming at covering a large baking tray with your cubed vegetables in a single layer, ready to roast in the oven]*

*Use any of the following, all chopped into one-inch chunks:*

- Large Red and large White Onion,
- Large raw parsnip
- Small head of celeriac, peeled
- Carrots
- Small button mushrooms [left whole]
- Swede
- Red Pepper
- Courgette [sliced thickly]



*Then for the sauce:*

- 3 cloves of garlic, chopped finely,
- 1 stick of celery chopped finely,
- ½ punnet of mushrooms chopped finely
- 1 dessertspoon of tomato paste
- 1 vegetable stock pod or cube dissolved in 300 mls boiling water
- 2 Tablespoons Port [or two of red wine and a pinch of sugar]
- 1 half tablespoon of Worcester sauce
- 1 level tablespoon of pearl barley per person

*Topping:*

- Small new potatoes, cut into four, with skins on. *[sufficient to cover your bake]*
- Grated Cheese and Breadcrumbs to cover

*First, prepare the sauce:*

Spray a non-stick saucepan with the low-calorie cooking oil spray, and cook the garlic, celery and mushrooms until really soft and cooked through. Add the vegetable stock, port, Worcestershire sauce and tomato paste, heat through and then blend with a hand blender leaving just a few small lumps. Add the pearl barley and cook on a low heat for an hour. Top up with fluid as necessary whilst cooking

Bake the chopped vegetables by spraying the baking tray with low calorie oil spray, then spreading the vegetables out on the tray, spray them, and season with salt and pepper.

At the same time, prepare the potatoes separately in the same way.

Bake both trays, vegetables in the top of the oven, potatoes underneath; on Gas mark 6; 400° F; 200° C for approximately 15 – 20 minutes [watch them, so they brown and start to go black, but don't let them burn]. The potatoes should be only brown, not black. Remove all from the oven.

Mix the sauce with the vegetables and spread in a shallow baking dish. Cover with the baked potatoes, and then with the cheese and the breadcrumbs. Bake in the oven for around 10 – 15 minutes, until the cheese and breadcrumbs are brown.

Serve and enjoy!



## **THE AMAZING HUMAN MIND**

I CDNUOLT BLVEIEE that I cluod aulacly uesdnatnrd waht I was rdeniag. The phaonemneal pweor of the hmuan mind. Aodccrnig to rsearch at Cmabrigde Uinervtisy, it dnsoe't mttar in waht oredr the ltteers in a wrod are, the olny iprmoatnt thing is taht the frist and lsat ltteer be in the rghit pclae. The rset can be a taotl mses and you can sitll raed it wouthit a porbelm. Tish is bcuseae the hmuan mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe. Azmanig huh? Yaeh and I awlyas tghouht slpeling was ipmorantt.

## ***Charles Frazer-Smith 1904 - 1992***

Charles Frazer-Smith may well have been the inspiration for the character of 'Q' in the Ian Fleming espionage novels, and later films, involving James Bond. The letter Q had been used to describe the process involved in disguising war ships as freighters in the First World War. Charles adopted the letter for his gadgets.

Charles was not academic but excelled in making things and enjoyed woodwork and science. Upon leaving school he drifted between jobs and spent time in Morocco as a missionary. During that time, he exercised his skill at improvisation and using anything and everything available. When his time as a missionary ended, he returned to England and presented a sermon about his experiences in Morocco. It was now 1939 and among the congregation were two men 'from the ministry' who were very impressed with the exploits of this young man and saw an opening for him in the newly formed department of Military Intelligence 9 (MI9). A job Charles was later to describe as 'a funny job in London'. He worked with many others within this top-secret department, developing escape aids to help Allied soldiers imprisoned in German camps.

Some of the ingenious developments were:

Miniature cameras hidden in shaving brushes, Maps of European countries drawn using invisible ink on silk handkerchiefs, to be 'developed' using melted 'sugar almonds', by prisoners when guards were not around.

Blankets with detailed patterns of real German officer's jackets so that prisoners could reproduce authentic jackets for their escape, A false tooth could be used to hide a miniature compass.

Long-life batteries were also needed, and produced, much against the interest and profit margins of the battery producers at the time!

As many as 600 firms around the UK helped with this work. Among that number were Waddington, the game makers and 'Kent', hair brush manufacturers. MI9 arranged to hide such things as tiny compasses and hacksaw blades within their products. The board game Monopoly provided an excellent way to get money to prisoners as real notes were hidden amongst the Monopoly money used in the game.

Much of this information was thought to be directed and requested verbally and therefore little proof of the work was available. However, in 1998 a

Waddington archivist uncovered written evidence which is now with the British Library.

'The Escape Factory' a programme from BBC Radio is still available if anyone is interested in hearing more about this fascinating part of war time history.

Does MI9 still operate? No comment was the evasive answer given in the programme. *Our thanks to Barbara for this fascinating piece*

## *Christ Church at Easter*



*Our thanks to the many  
in the parish family who  
made the church look so  
beautiful at Easter!*



