

# The Parish of Worthing, Christ Church

## A service of Morning Prayer during Lent



*There is prayer in the organ vestry every Sunday at  
10 am for 15 minutes before the service,  
you are welcome to join at anytime.*

*Registered Charity no: 1152846  
Parochial Church Council of Worthing Christ Church  
Website: [www.christchurchworthing.org.uk](http://www.christchurchworthing.org.uk)*

# Morning Praise in Lent

## *Morning Praise*

*We say together the words printed in **bold**.*

### Preparation

The sacrifice of God is a broken spirit;  
a broken and contrite heart, O God, you will not despise.

*Psalm 51.18*

### *Greeting*

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you

*All* **and also with you.**

This is the day that the Lord has made.

*All* **Let us rejoice and be glad in it.**

We have come together as the family of God  
in our Father's presence  
to offer him praise and thanksgiving,  
to hear and receive his holy word,  
to bring before him the needs of the world,  
to ask his forgiveness of our sins,  
and to seek his grace, that through his Son Jesus Christ  
we may give ourselves to his service.

## HYMN

## **Prayers of Penitence**

The sacrifice of God is a broken spirit;  
a broken and contrite heart God will not despise.  
Let us come to the Lord, who is full of compassion,  
and acknowledge our transgressions in penitence and faith.

**All** **Lord God,**  
**we have sinned against you;**  
**we have done evil in your sight.**  
**We are sorry and repent.**  
**Have mercy on us according to your love.**  
**Wash away our wrongdoing and cleanse us from our sin.**  
**Renew a right spirit within us**  
**and restore to us the joy of your salvation;**  
**through Jesus Christ our Lord. Amen.**

May the Father of all mercies  
cleanse *you* from *your* sins,  
and restore *you* in his image  
to the praise and glory of his name,  
through Jesus Christ our Lord.

**All** **Amen.**

## **Praise**

Let everything be said and done in the name of the  
Lord Jesus,

**giving thanks to God through Jesus Christ.**

Sing psalms, hymns and sacred songs:

**let us sing to God with thankful hearts.**

Open our lips, Lord:

**and we shall praise your name.**

*cf Colossians 3.16,17*

## ***Metrical Setting of the Venite - a Song of Triumph***

Sing together all God's people,  
To the Lord lift up your voice;  
In the strength of our salvation  
Let us heartily rejoice:  
In his presence with thanksgiving  
Sing with gladness psalms of praise:  
Here proclaim his sov'reign greatness,  
Lord of lords to endless days.

His the peaks of highest mountains,  
His the corners of the earth,  
Who from hidden depths of ocean  
Called the new-made land to birth.  
He is God, our Lord and Maker,  
Here before his presence fall:  
We are people of his pasture,  
He is shepherd of us all.

If today your Lord is calling  
Harden not your hearts – for fear  
Lest like some who went before you  
You would fail his voice to hear.  
Forty years your fathers wandered  
On their weary desert quest,  
Ever seeking, never finding,  
Longing for their promised rest.

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## Word

**Reading**

### 1<sup>st</sup> Lesson

*After each reading this response may be used*

This is the word of the Lord.

**All Thanks be to God.**

## WORSHIP SONGS

**Reading**

### 2<sup>nd</sup> Lesson

*After each reading this response may be used*

This is the word of the Lord.

**All Thanks be to God.**

## HYMN

**Sermon**

*Silence after the Sermon to reflect on what we have heard*

**Creed**

**Please Stand**

Do you believe and trust in God the Father?

**All I believe in God, the Father almighty,  
creator of heaven and earth.**

Do you believe and trust in his Son Jesus Christ?

**All I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;**

he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.

Do you believe and trust in the Holy Spirit?

**All:** I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.

### ***Acclamation***

**All:** This is love, not that we loved God,  
**but that he loved us and sent his Son.**

He is the sacrifice for our sins,  
**All:** **that we might live through him.**

If God loves us so much  
**All:** **we ought to love one another.**

If we love one another  
**All:** **God lives in us.**

### ***The Collect***

**All:** Amen

## **Prayers**

### ***Prayers of Intercession***

## **The Lord's Prayer**

As our Saviour taught us, so we pray:

**All** Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.

*At the end of our prayers we pause for a moment and reflect for whom we have prayed and offer each other to God's care in the words of the Grace*

**All** The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with us all evermore.  
Amen.

**HYMN**

## Conclusion

To you, O Lord, I lift up my soul:

**O my God, in you I trust.**

You are the God of my salvation:

**To you, O Lord, I lift up my soul.**

In you I hope all the day long.

**O my God, in you I trust.**

Remember, Lord, your compassion and love,  
for they are from everlasting.

**To you, O Lord, I lift up my soul;**

**O my God, in you I trust.**

## BLESSING

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

*All* **Amen.**

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