



# APRIL IN CHRIST CHURCH

WORTHING  
BN11 1QY

*Registered Charity no: 1152846  
Parochial Church Council  
of Worthing, Christ Church*

Visit our webpage:

[www.christchurchworthing.org.uk](http://www.christchurchworthing.org.uk)

Volume 3 Issue 4 - APRIL 2019

Dear Friends

This edition of the magazine takes us through what is the highlight of the Christian year, we have walked with Jesus as he set his face towards Jerusalem in part through our services on a Sunday and the themes they bring to help us through this journey and also through our Lunch Group.

So within 8 days we celebrate three of the Churches great festivals of the year. We see Jesus' triumphant entry into Jerusalem on Palm Sunday and the shouts of the people "**Hosanna to the Son of David, Blessed is he who comes in the name of the Lord.**"

Not four days later those shouts had changed through the evil desires of the authorities to "**CRUCIFY**" and so they did on that following Friday. Many thought that it was the end, this Saviour of the world was dead and gone. All his promises about a new kingdom were just empty words.

Yet it was not the end, because 3 days later came the proclamation of the disciples "**CHRIST IS RISEN.**" So heralded a new dimension in God's activity within the world. Jesus the Son of God had been raised to new life, a new life that meant a new relationship for those who believe that Jesus died for them and took away our sin and enabling us to rise to a new relationship with God.



That Proclamation by the disciples was one of triumph. So please come and join with us in our Holy Week and EASTER Celebrations that **CHRIST IS RISEN**, bring family, bring friends but more importantly bring yourself to join with us as we celebrate the Easter message.

A very Blessed Easter to you all,

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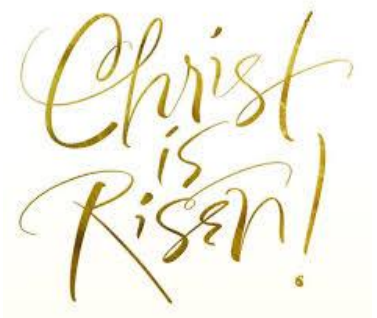
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## **Worship in April at Christ Church:**



- 7<sup>th</sup> 10.30 am** Holy Communion  
with The Revd David Renshaw and The Revd Roger Walker  
**6pm** BCP Evensong with The Revd David Renshaw
- 11<sup>th</sup> 10.30am** BCP Holy Communion with The Revd Alex Grubb
- 14<sup>th</sup> 10.30am** Palm Sunday Morning Prayer with The Revd David Renshaw
- 18<sup>th</sup> 7pm** Maundy Thursday Holy Communion with The Revd Nancy Ford
- 19<sup>th</sup> 2pm** Good Friday Service with The Revd David Renshaw
- 21<sup>st</sup> 10.30am** Easter Sunday Holy Communion  
with the Revd David Renshaw and Canon Muriel Pargeter
- 25<sup>th</sup> 10.30am** BCP Holy Communion with The Revd David Renshaw
- 28<sup>th</sup> 10.30am** Morning Prayer with The Revd David Renshaw

## LENT LUNCH



**Saturday, 13<sup>th</sup> April 2019 from 12 noon to 1.30pm,**  
serving homemade soup, filled roll and butter and fruit,  
followed by tea or coffee  
Suggested donation of £5 for Christian Aid  
We look forward to your support!



## Come and join in with our regular events in Christ Church

Tuesdays 10.30 am to 12 noon:  
**Open church with refreshments**



Wednesdays 10.30 am to 12 noon,  
**Open church with refreshments - donations accepted in aid of missions. Hand-made greetings cards for sale.**

Thursdays 2.30 pm – 4.30 pm: come and enjoy a chat over a cuppa – if you are so inclined, why not join in the “Knit & Natter” group, bring your knitting, crochet or crafts or... simply come and enjoy fellowship with friends!



Every 2<sup>nd</sup> Thursday – Councillor Hazel Thorpe is also available to listen and give advice

Thursday, 11<sup>th</sup> April at 2.30pm

*please note change of date for this month only!*

**The Rainbow Poetry Group meets in the church**



Coffee on the 2<sup>nd</sup> and 4<sup>th</sup> Saturday of each month

**10.30 am to noon**

# Dates for your diary!

## Concerts.....

**Tuesday 9<sup>th</sup> April 2019 - 12.30pm to 1.30pm**

**Concert by Martin Smith on the Euphonium.**

**Tues 14<sup>th</sup> May 2019 12.30pm – 1.30pm**

A local **Ukulele Band** will perform for us

**Tues 11<sup>th</sup> June 12.30pm – 1.30pm –**

Our own organist, **John Collins** will give an Organ recital

**Tuesday 24<sup>th</sup> September 12.30pm – 1.30pm -**

We welcome “**Four in a Bar**” - a barber shop quartet



## Talks...

**Tuesday 18<sup>th</sup> June – 12.30pm to 1.30 pm**

We welcome a speaker from ‘Cocaine Anonymous’ who will speak about their work and the support they give as a group.

**Tuesday 17<sup>th</sup> September – 12.30pm to 1.30pm**

We welcome back Caroline Nicholls – High Sherriff of West Sussex who will talk about her year in office



## Is your drinking costing you more than money?

hangovers / shame / despair / work problems / relationships / debt / loneliness /  
isolation / anxiety / health / control / love / self-respect

**AA MEETINGS ARE HELD HERE AT CHRIST CHURCH EVERY  
WEDNESDAY 7.30 PM**

If you are worried about your drinking and want to talk to someone who has  
had the same problem, please call:

National Alcoholics Anonymous Helpline: 0800 9177 650

or visit [www.alcoholics-anonymous.org.uk](http://www.alcoholics-anonymous.org.uk)

## *Poet's Corner*

### Gethsemane!

Well shielded by the deep'ning gloom,  
Sharp dulcet tones the night air fills;  
Slow, furtive shadows stalk the broom,  
Pursued by jar's persistent trills.

A lonely figure kneels in prayer  
Beset by urgent anxious thought,  
From galling vessel to be spared,  
Prescribed passage shall be wrought!

Gethsemane, each mortal's call,  
Hallmarks of mettle to assay;  
Irresolution craves a fall,  
Patient endurance paves the way.

Soft whispers from a well-loved son,  
Immortal words – Thy Will Be Done!

© Elliott Allison



## Hope!

**When spatial time is spent,  
Let no one e'er lament;  
Beyond each setting sun,  
A new day is begun!**

© Elliott Allison



## **Of Cheeriness**

Umbrellas that are up when days are duller,  
Instead of being dark should glow with colour.  
Few pleasant visitors are theirs  
Who have no comfortable chairs.  
If all the world looks drear, perhaps the meaning  
Is that your windows need a little cleaning  
My room shall be an easy room to chat in.  
With chairs that look as if they had been sat in.

**Arther Guiterman [1871-1943]**



## *Fat free heaven!*

If you are dieting, and really fancy a sweet treat that won't make you feel guilty, try taking a tub of fat free quark, add enough low-calorie drinking chocolate powder and powdered sweetener to taste... mix well and dive in!

As the drinking chocolate powders come in various different flavours, you can even have a different one every night!

Yum.



## *The Bend in the Road*

*Sometimes ...*

*We come to life's crossroads  
And we view what we think is the end  
But God has a much wider vision  
And He knows it's only a bend.  
The road will go on and get smoother  
And after we've stopped for a rest,  
The path that lies hidden beyond us  
Is often the path that is best.  
So rest and relax and grow stronger,  
Let go and let God share your load  
And have faith in a brighter tomorrow  
You've just come to a bend in the road.*

*Helen Steiner Rice*

### **JOKE CORNER**

Why did the hot dog not act in the film?  
The rolls weren't good enough.

How can you get four suits for a £1?  
Buy a pack of cards.

How did I feel when I couldn't recall the Roman  
numerals for 51, 6 and 500? .... LIVID!



*Thank you, Josephine, for these gems!*



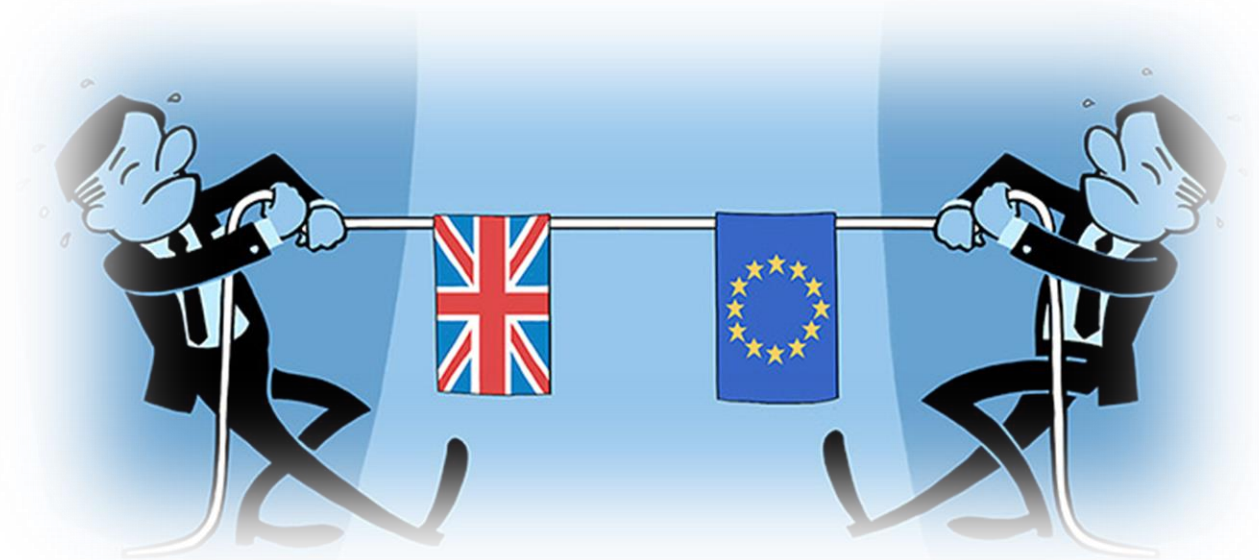
We are all in the queue  
At any moment someone leaves the world behind  
We don't know how many people are in front of us  
We can't return to 'the end of the queue'  
We can't leave the queue, or even avoid the queue  
As you don't know your place in the queue,  
then prepare yourself to leave only good memories  
Be prepared to leave at any moment  
Prepare yourself DAILY  
to take with you only what you have kept in your heart.  
Have a purpose, motivate people  
Praise more, criticise less.  
Make 'a nobody' feel like somebody by your side  
Make someone smile  
Make the difference  
Make people feel loved  
Make time for yourself  
Do all that you have to do and more besides.  
Live new experiences; try new flavours.  
Things happen  
only when there's someone to make them happen  
Forgive  
Don't keep hold of pains  
Love even those who don't deserve it  
Love, without wishing to get anything in return  
But always love yourself above all things.

*Anon Brazilian author, sent in by Ellen Santos and translated by John Collins*

## *A lighter take on the 'B' word.....*

Physicians were unable to reach a consensus on whether or not Brexit should take place.

The Allergists were in favour of scratching it, but the Dermatologists advised not to make any rash moves. The Gastroenterologists had sort of a gut feeling about it, but the Neurologists thought the Brexiters had a lot of nerve. Meanwhile, the Obstetricians felt certain everyone was labouring under a misconception, while the Ophthalmologists considered the idea short-sighted. The Pathologists yelled, 'Over my dead body!' while the Paediatricians said, 'Oh, grow up!'. The Psychiatrists thought the whole idea was madness, while the Radiologists could see right through it. The Surgeons decided to wash their hands of the whole thing and the Internists claimed it will be a bitter pill to swallow. The Plastic Surgeons said that May's proposal would 'put a whole new face on the matter'. The Podiatrists thought it was a step forward, but the Urologists were totally peed off at the whole idea. The Anaesthetists thought it was all a gas, while the Cardiologists didn't have the heart to say 'No'. In the end, the Proctologists won out, leaving the entire decision up to the latest poll takers in the Parliament.



## *More of Martin's travels!*

In August last year, 2018 I visited a trio of delightful churches to the east of the Severn, in Worcestershire again all very contrasting.



St Peter's at Pirton is a Grade I listed building owing to significant Norman elements, and the wonderful 14 c wood timber framed N tower, which has had some restoration work carried out recently.

An Anglo-Saxon mass dial is over the north doorway. The east window, 1909 by W. Pearce Ltd of Birmingham, shows Christ with SS Peter and John. The chancel south window shows the Good Shepherd, probably by the same artist.

The nave was lengthened by taking down the central tower and the west tower arch, and building a new north-west tower, which has been dated to the late C14. Nave walls were rebuilt in 1882-83 by W.J. Hopkins, architect of Worcester.

The keystone bears an acrobat, standing on his hands with bent elbows and with splayed, downward-pointing legs. Above the S doorway is a corbel carved with a grinning human head with forked beard and centre-parted hair.

Amid nearby Croome Park, the church of Croome d'abitot is a modern reincarnation built in 1763 for the Coventry family, and is an attempt at Early Gothic revival externally with an interior of 'pure Georgian gothic' to match, with elegant Gothick windows and plasterwork, pulpit, communion rails, commandments and creed boards.



The tracery used for instance is Y-cusped and intersecting-cusped. Opulent monuments brought from the old church, long since demolished, show the former Barons and Earls of Coventry in their full glory. The earliest - in black and white marble - shows the 1st Lord, who died in 1639, reclining under a canopy. The monument to the 1st Earl, who died in 1699, is missing because the 2nd Earl disapproved of his father's second marriage, at an advanced age, to a servant, Elizabeth Graham.



His monument is now in the nearby church of St Mary's at Elmley Castle instead.

The church built by some of the finest craftsmen in England including Joseph Rose, John Hobcroft and Sefferin Alken was consecrated and dedicated to St Mary Magdalene in 1763.

It is cared for since 1975 by the Churches Conservation Trust. The bells if you can listen to them are also marvellous.

Nearer to the river we find St Denys at Severn Stoke  
In 1086, the land formed part of the manor of Pershore, which Edward the Confessor had given to Westminster Abbey. One priest is recorded at Severn Stoke in the Domesday Survey. It was held by Alvred, in 1166 by the king, and in 1167-8 by Walter Beauchamp, who subsequently forfeited it, probably before 1170. Richard I gave Severn Stoke to Baldwin de Betun, Earl of Albemarle.



The nave has one small Norman window high up and a Norman buttress. The big N tower was begun in c.1300. The S window's top roundel with a quatrefoil is a C13 motif. The chancel E window is early perpendicular.

- The Reverend R. C. Toogood, has written a very good *Guide to St Denys Church, Severn Stoke*, (which I can recommend if you would like to appraise more the designs of this church).

*Our thanks to Martin for sending this fascinating piece in.*

## **OBERAMMERGAU – JUNE 1970**

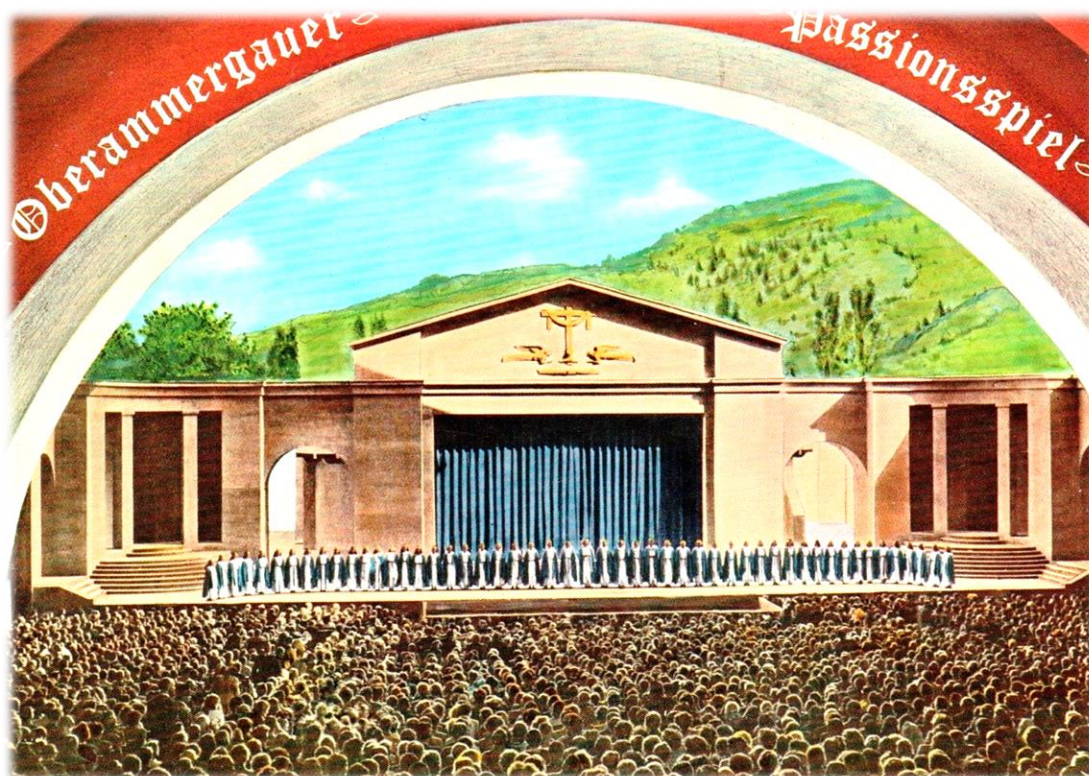
***with St. Paul's Church, Methodists, Baptists and Salvation Army***

We travelled by ferry to Ostende through Belgium, Germany and Austria, spending two nights at Maurach on Lake Achensee.

On the Sunday morning after breakfast, the hotel let us use the dining room for a Holy Communion service which was really poignant. We then left the hotel for Unterammergau where we spent two nights with a lovely German family.



The Passion Play takes all day, so on the Monday morning after an early breakfast, we left for the Theatre and the Play started with tableaux depicting Old Testament scenes followed by the entry of Jesus into Jerusalem.



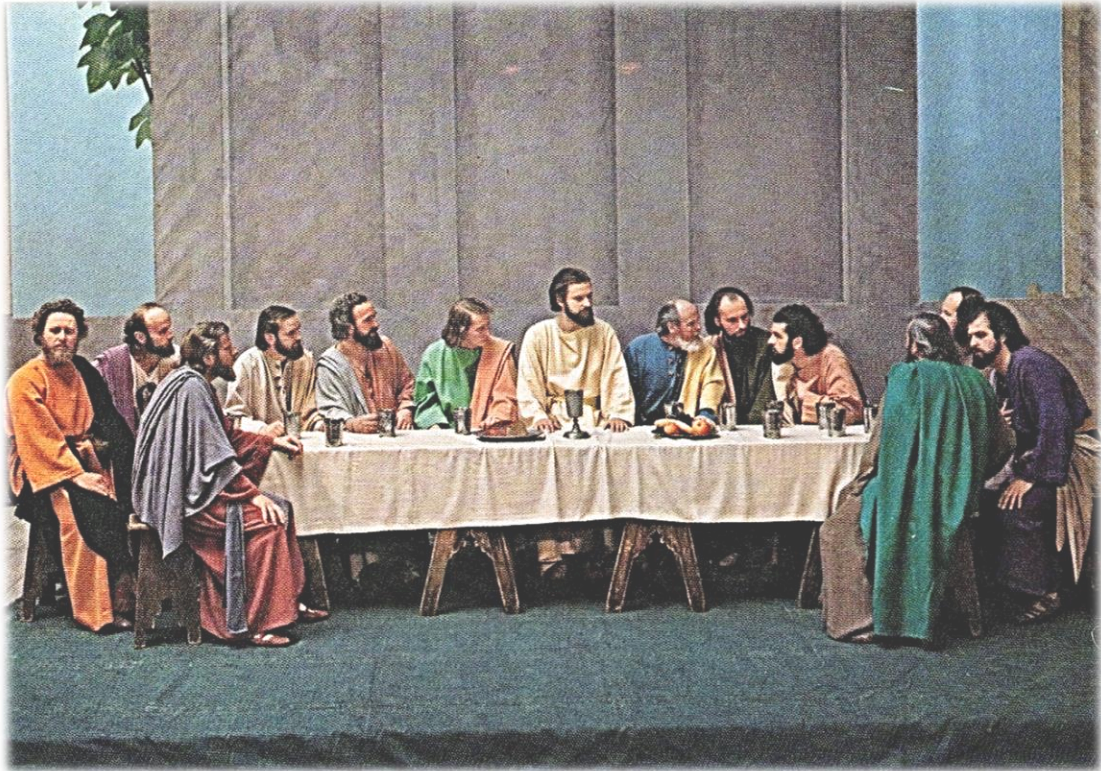
Following the Palm Service, came the judging of Jesus and the Crucifixion, which was very moving, particularly at this point as we had a terrific storm running around the mountains.

After these scenes, we had a long lunch break and returned to the theatre to witness the Resurrection and a beautiful rainbow behind the mountains!

These circumstances do not happen at each performance but we were all moved and felt we had been present 2000 years ago.

We had many adventures on the holiday and continued our journey home through Switzerland and France.

***Our thanks to Sue Caple for this***



*The last supper*



*Jesus carries his cross to be crucified*

## *My road to Christ Church.....*



In 2002 I took up my dream job: Senior Conservator at Lambeth Palace Library.

I was working on the most amazing manuscripts dating from the 9<sup>th</sup> century, chronicling the history of the Church and State, in a wonderful grade one listed building which had been witness to and been part of those events. The 12<sup>th</sup> century crypt is an amazing place of solace. There were then several sisters from the Community of the Holy Name, Derby, who brought such love and comfort when it was needed. Under Archbishop Rowan Williams, we were all made to feel a part of his loving Christian family. I don't think I have ever met a man with such enormous love. Lambeth Palace was my spiritual home.

As with all things, change happens; and when Rowan Williams left, there were no more sisters and a complete turn-over of Palace staff and procedures followed. Whilst life in the Library was still pretty wonderful, for me the underlying love and mystery of the place seemed to have vanished. I began to think of retirement – a thought which filled me with dread.

I had always promised myself that I would retire to a home with a sea view; and knowing Worthing from my school days, thought I might do well to look there. In July of 2015, I found the perfect house with spectacular views. I sold my Pimlico flat and had my offer on the house accepted. Nine agonising months later, it was mine. It seemed too soon to retire, so for the next two years I commuted to Lambeth. With travel, I was notching up 13-hour days – often longer on Southern Rail strike days. I retired at Easter 2018.



I had tried a local parish church, in 2017. They were nice people, but the services lacked the formality and discipline I was used to, and I stopped going after a few months. I tried another; but it was not only a bit too far to travel (I only have a bike), but also a little painful with the memories of my now departed parents who had retired to this area.

The fantastic summer of 2018 saw me busy with my local bowls club (Treasurer and two wood singles Champion) but by the autumn the reality of being retired had struck home; I was feeling rather low. I had set up a small conservation studio in my house, but it was a lonely experience after Lambeth. I started thinking and reading about faith. I tried a Quaker meeting. Again, they were friendly people, who made me feel very welcome. The hour meeting was, however, in total silence; no one stood up to speak. Having fallen asleep during my second meeting, I decided that I needed more structure and guidance. Quakerism was not for me.

One day after Christmas, I felt the real need to attend a Book of Common Prayer Communion service. As with almost all sources of instant knowledge in today's world, my Googling 'BCP communion service Worthing' brought up the answer: Christ Church Worthing, 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month. (It still works - I just checked it!) I went that first Thursday lunchtime and was warmly welcomed by such loving people. I've got to know them and other such wonderful folk at Christ Church. Every week I discover new friends and I really feel that I have come home. It's quite strange, but I used to dread the Peace at the first church I attended. It seemed like an eternally-long free for all embarrassment. I think Christ Church's is longer – but I love it! To be amongst such loving kindness, and to be addressed by name – I do feel as if I'm home.

So, thank you for making me feel so welcome. I know that God pointed me towards Christ Church and led me to your door, and that He has opened up a whole new world and family to me.

*Janet*



## Claire's Cake

At Christmas Claire became very ill and was admitted to the Children's Ward in Worthing Hospital, she is only 6 years old and her family take turns in staying with her. On New Year's Eve Dana Dix, a Mothers' Union member and I went into the ward with the 3 home made cakes and cheese scones that Mothers' Union take in every Monday. This was the first time we met Claire and her Nana. She was not allowed any food and was on fluids only. Nana refused cake because Claire couldn't have any; but accepted a cuppa and a chat.

As each week went past Claire became a little stronger and every Monday afternoon we'd go into her room and Claire would look hopeful and in a small voice say, "Cake?". "No not yet," we'd say. Nana had given into temptation and would have coffee, cake and a chat. "I lose time and a sense of reality in here. I stay here all day until either her mum or dad comes in to do the night shift. You coming in on a Monday makes me remember that life hasn't stopped forever. In the real world people don't all wear uniforms, and we all will go back home and to normal life – whatever that is."

After 5 weeks Claire was allowed to have the butter cream icing from the middle of her nanas cake, the sheer delight on her face as she sucked the butter cream from the tip of the teaspoon brought tears to our eyes. Staff felt that by the following week she could have a tiny piece of cake with butter cream icing. We relayed this to our cake makers and it was agreed that they would make up a little more cake mix and make a single tiny butterfly cake filled with butter cream icing for Claire.

When we go in now, Claire asks, "My Cake??" She is getting stronger every day, and one Monday we will go onto the children's ward and find that Claire and Nana have gone home. There will be another child in her bed. Another family waiting and watching. Another opportunity for our members to show Christ's love by the simple act of offering a cuppa and slice of homemade cake.



*Karen Hill*

*Mother's Union*

## The Knife Angel



This amazing Angel was made by Alfie Bradley at the British Ironworks Centre in Oswestry. 100,000 confiscated knives make up the sculpture and it stands 27 feet high. It has been on display in Liverpool and Hull. It is currently in Coventry until 23rd April.

*Thanks to Barbara for spotting this one!*

If you would like to know more about CHRIST CHURCH,  
or would just like to be informed about events, concerts, recitals  
or our regular talks, with interesting speakers on a  
whole range of topical issues;  
Please forward us your email address  
and we will keep you in touch!

Mr/Mrs/Miss /Rev'd/Ms

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